NOTE

Kuniyoshi Shimizu • Shoko Fukunaga Keisuke Yoshikawa • Ryuichiro Kondo

Screening of extracts of Japanese woods for melanin biosynthesis inhibition

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Abstract The effects of 120 methanol extracts prepared from bark and heartwood of 69 types of Japanese wood on the melanin production of B16 melanoma cells were examined. The melanin content of B16 melanoma cells was determined spectrophotometrically at 405 nm. The extracts were also examined for their effects on cell viability. We found that the methanol extracts of Fagus crenata (buna, wood, 100 µg/ml), Sapium sebiferum (Nankinhaze, wood, bark, 10µg/ml), and Zelkova serrata (keyaki, wood, 10µg/ ml) greatly inhibited the melanin production of B16 melanoma cells without significant cytotoxicity. However, these extracts did not inhibit tyrosinase activity at the concentration of $100 \mu \text{g/ml}$. These findings indicate that the depigmenting mechanism of these extracts involves the suppression of some pigmenting signals in stimulating melanogenesis rather than the inhibition of tyrosinase activity.

Key words Melanin biosynthesis inhibitor · *Fagus crenata* · *Sapium sebiferum* · *Zelkova serrata* · Tyrosinase

Introduction

The products and chemical intermediates derived from natural products are from renewable resources, for example, woody plants. The significance of these compounds, however, does not stop here, for they also have a considerable effect on the utilization of wood. The odor, color, and decay resistance of wood are functions of the extrac-

tives. It is worth noting that almost half of all prescription drugs contain substances of natural origin. Even aspirin was first derived in part from willow bark. The investigation of bioactive natural products has, in recent years, assumed a greater sense of urgency in response to the expanding human population and its subsequent demands for food, good health, and increasing areas of land on which to live.

Within the realm of human health, cutaneous hyperpigmentation, including freckles, skin stains, and senile lentigines, is a common pigmentary disorder in humans, which becomes more prominent with aging, especially in Asians. We have focused on the possibility of using natural resources as whitening agents for cosmetic products. An intensive search for a naturally occurring substance that would inhibit melanin pigmentation has been performed.¹ Up to now, most research on the regulation of melanogenesis has focused on the factors affecting tyrosinase, which catalyzes the rate-limiting step of the melanin biosynthesis pathway, specifically, the conversion of L-tyrosine to L-3,4-dihydroxyphenylalanine (L-DOPA) and subsequently to DOPA quinone. Kojic acid² and arbutin³ are known as tyrosinase inhibitors and are used as skin-whitening cosmetics. Also, hydroquinone-related compounds have been used as effective depigmentation agents for skin over pigmentation, but they are strong irritants and exhibit cell toxicity.4

Recently, it has been reported that some growth factors or cytokines such as basic fibroblast growth factor (bFGF),⁵ endothelin-1 (ET-1),⁶ and α -melanocyte stimulating hormone (α -MSH)⁷ are secreted from ultraviolet (UV)irradiated keratinocytes or melanocytes and stimulate the proliferation or melanogenesis of human melanocytes. We concluded that we should examine the melanin biosynthesis effect using cultured cells to develop new whitening agents. Also, a mouse melanoma cell line, B16, which produces melanin pigments, has been used extensively for evaluating melanin biosynthesis inhibitors.⁸ In the present study, we have examined the inhibitory effect of 120 extracts prepared from 69 Japanese woods on melanin formation and proliferation of B16 melanoma cells.

K. Shimizu · S. Fukunaga · K. Yoshikawa · R. Kondo (⊠) Department of Forest and Forest Products Sciences, Faculty of Agriculture, Kyushu University, 6-10-1 Hakozaki, Higashi-ku, Fukuoka 812-8581, Japan Tel. +81-92-642-2811; Fax +81-92-642-2811 e-mail: kondo@agr.kyushu-u.ac.jp

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Materials and methods

Reagents

The chemicals used were L-DOPA, ethylenediamineteraacetic acid (EDTA), dimethylsulfoxide (DMSO), TritonX-100, (Wako, Osaka, Japan); mushroom tyrosinase, 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl-2*H*-tetrazolium bromide (MTT) (Sigma, St. Louis, MO, USA); teophylline, (Sigma-Aldrich Chemle, Steinhein, Germany); kojic acid, arbutin, (Tokyo Kasei Kogyo, Tokyo, Japan); fetal bovine serum (FBS) (Invitrogen, Carlsbad, CA, USA); Eagle's minimal essential media (EMEM) (Nissui, Tokyo, Japan); and trypsin (Invitrogen, Tokyo, Japan).

Plant materials

Sixty-nine woody species were collected from Kyushu University Forests in Fukuoka and separated into heartwood and bark. All voucher specimens are preserved at the herbarium of the Department of Forest Products, Kyushu University, in Japan. The milled heartwoods or barks (each 10g) were extracted with methanol (3×100 ml) at room temperature for 24h and the combined extracts were concentrated to dryness. These extracts were dissolved in DMSO for melanin biosynthesis inhibitory tests.

Cell culture

A mouse melanoma cell line, B16, was obtained from the RIKEN Cell Bank. The cell was maintained in EMEM supplemented with 10% (v/v) FBS and 0.09 mg/ml theophyrine. Cells were incubated at 37° C in a humidified atmosphere of 5% CO₂.

Inhibitory effect on melanogenesis using cultured B 16 melanoma cell

Confluent cultures of B16 melanoma cells were rinsed in phosphate-buffered saline (PBS) and removed from the plastic using 0.25% trypsin/EDTA. The cells were placed into 24-well plastic culture plates at a density of 1×10^5 cells/ well and incubated for 24h in media prior to being treated with the samples. After 24h, the medium was replaced with 998µl of fresh medium and 2µl of DMSO was added with or without (control) the test sample at various concentrations. The cells were incubated for an additional 48h, and then the medium was replaced with fresh medium containing each sample. After 24h, the remaining adherent cells were assayed (see below). Thus, the cells were continuously exposed to the test samples for 3 days.

Determination of melanin content

The melanin content (MC) of cells after treatment was determined as follows. After removing the medium and

washing cells with PBS, the cell pellet was dissolved in 1.0ml of 1 N NaOH. The crude cell extracts were assayed using a micro plate reader (Bio-Tek, USA) at 405 nm to determine melanin content. Results from samples were analyzed as percent of control culture.⁹ Kojic acid ($500 \mu g/ml$) and arbutin (100 mg/ml) were used as a positive standard.³

Cell viability

Cell viability (CV) was determined by use of the microculture tetrazolium technique (MTT). The MTT assay provides a quantitative measure of the number of viable cells by determining the amount of formazan crystals produced by metabolic activity in treated cells versus control cells.³ Culture was initiated in 24-well plates at 1×10^5 cells per well. After incubation, 50μ l of MTT reagent [3-(4,5dimethyl-2-thiazolyl)-2,5-diphenyl-2*H*-tetrazolium bromide in PBS (5 mg/ml)] was added to each well. The plates were incubated in a humidified atmosphere of 5% of CO₂ at 37° C for 4h. After removing the medium, formazan crystals were dissolved in 1.0 ml of 0.04 N HCl, and the absorbance was measured at 570 nm relative to 630 nm.

Tyrosinase assay using mushroom tyrosinase

Although mushroom tyrosinase differs somewhat from other sources, this fungal source was used for the present experiment because of its ready availability. It should be noted that the commercial tyrosinase was reported to contain numerous proteins in addition to tyrosinase,¹⁰ but was used without purification. The temperature was controlled at 25°C using an Ecoline E100 circulating bath (Lauda, Germany) with a heater and digital thermometer. The reaction was started by adding the enzyme. Although tyrosinase catalyzes a reaction between two substrates, a phenolic compound and oxygen, the assay was carried out in airsaturated solution. Kojic acid was used as a positive control.¹¹ The sample was first dissolved in DMSO and used for the actual experiment at 30-fold dilution. Controls (without inhibitor) containing DMSO at that concentration were routinely prepared. The assay was performed as previously described.⁸ First, 333μ l of 2.5 mM L-DOPA solution was mixed with $600 \mu l$ of 0.1 M phosphate buffer $(Na_2HPO_4 \cdot 12H_2O, NaH_2PO_4 \cdot 2H_2O)$ (pH 6.5) and incubated at 25°C. Then 33μ l of the aqueous solution of mushroom tyrosinase (1380U/ml) was added to the mixture, and we immediately measured the initial rate of linear increase in optical density at 475 nm on the basis of dopachrome formation, using aV530 spectrophotometer (Jasco, Japan). The activity was calculated with the following equation:

Tyrosinase activity (%) = $(\Delta A_{\text{test sample}} / \Delta A_{\text{control}}) \times 100$

Tyrosinase assay using cell extracts from B16 melanoma

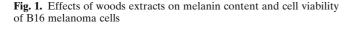
B16 melanoma cells were seeded at 2×10^5 cells/ml, in 24well flat-bottom plate (Falcon) overnight for attachment. To prepare a solubilized tyrosinase extract for enzyme activity, 398μ l of 50 mM phosphate buffer (pH 6.8) containing 1% Triton X-100 was added and cell pellets were sonicated to solubilize the cell. Afrer 10 min, 20% L-DOPA solution and 2μ l of sample solution were added and cells were incubated at 37°C for 3h. After this time, the absorbance at 405 nm was measured to determine melanin content.

Results and discussion

We examined the effect of 120 methanol extracts prepared from several parts of 69 woody species collected from the Kyushu University Forests in Fukuoka on melanin biosynthesis (Table 1, Fig. 1). The meal of heartwood and bark of Japanese trees were extracted with methanol at room temperature. Each of the methanol extracts was examined for any melanin biosynthesis inhibitory effect at various concentrations.

After treatment of B16 melanoma cells with various samples for 3 days, cells were harvested and two different parameters of cellular function were measured by microassay, namely the effects on viability and on melanin content. An important concept when selecting bioactive extracts that modulate skin pigmentation is that, for obvious reasons, they should have minimal effects on cell proliferation and/or survival. In these experiments, effects on cell proliferation were assessed using the MTT assay, and effects on melanin content were measured by absorbance at 405 nm (Table 1, Fig. 1). To find a possible candidate for a whitening agent, we established a standard for desirable extracts that they should inhibit melanin content by more than 65% and proliferation by less than 15% at the specific concentration.

To pick out more desirable ingredients, more specifically a safe and effective whitening agent, extracts that showed the percentage of melanin content is 20% or more lower than that of cell viability (e.g. $CV - MC \ge 20$, were judged



first, each of the methanol extracts was examined at a concentration of 100 µg/ml. Extracts were considered as possible candidates based on their effects on B16 melanoma cells (Table 1). These were: Acer buergerianum (wood), Acer palmatum (wood, bark), Ilex crenata (wood, bark), Ilex pedunculosa (bark), Ilex rotunda (bark), Dendropanax trifidus (wood), Kalopanax septemlobus (wood), Viburnum odoratissimum (wood), Picrasma quassioides (wood), Cornus brachypoda (wood), Elaeocarpus japonicus (bark), Lyonia ovalifolia var. elliptica (wood), Aleurites cordana (wood, bark), Castnea crenata (bark), Fagus crenata (wood), Lithocarpus edulis (wood), Quercus acutissima (wood), Quercus myrsiniefolia (wood), Idesia polycarpa (bark), Ginkgo biloba (wood, bark), Cinnamomum camphora (bark), Machilus japonica (bark), Machilus thunbergii (wood), Ficus arecta (bark), Chionanthus retusus (bark), Fraxinus griffitbii var. japonica (bark), Fraxinus mandshurica (wood), Ligustrum japonicum (wood), Osmanthus heterophyllus (wood, bark), Picea jezoensis var. bondoensis (wood), Picea jezoensis (wood), Prunus jamasakura (bark), Laurocerrasus zippeliana (bark), Photinia serrulata (wood, bark), Plotosus lineatus (wood), Eurya japonica (wood), Stewartia monadelpha (wood), Tilia japonica (wood), Tilia miqueliana (bark), and Zelkova serrata (bark). As shown in Table 1, most of the extracts failed to match our standard (less than 35% of melanin content, more than 85% of cell viability) for judgment as an active ingredient at the concentration of $100 \,\mu\text{g/ml}$. Only Fagus crenata (buna, wood, MC 29%, CV 86%) surpassed our standard.

as possible active ingredients, and classified as type A. At

Some extracts showed neither cell cytotoxicity nor melanin biosynthesis inhibitory activity at the concentration of $100\,\mu g/ml$. In those cases, it still was possible that the extracts would have melanin biosynthesis inhibitory activity at a concentration higher than 100 µg/ml. Therefore, those extracts that inhibited the growth of B16 melanoma cells less than 30% and inhibited melanin biosynthesis less than 30%, classified as type B, were reexamined at a concentration of $200\,\mu$ g/ml. Also, some extracts classified as type A at the concentration of $100 \,\mu\text{g/ml}$ were reexamined. It should be noted that some extracts were not reexamined because of limited sample availability. Several extracts seemed to be possible candidates, based on their effects on B16 melanoma cells (Table 1) as follows: Ilex crenata (wood), Ilex pedunculosa (wood), Quercus myrsiniefolia (wood), Quercus phillyraeoides (wood), Chionanthus retusus (wood, bark), Fraxinus mandshurica (wood), Ligustrum japonicum (bark), Osmanthus heterophyllus (wood), Laurocerrasus zippeliana (bark), Photinia serrulata (wood, bark), Photinia glabra (wood), and Symplocos mytracea (kuroki). However, there were no extracts that surpassed our established standard (less than 35% melanin content, more than 85% cell viability) at $200 \,\mu \text{g/ml}$.

We also found that some extracts showed cytotoxicity of more than 30% versus the control at $100 \mu g/ml$, which prohibited our evaluation of their effects on melanin biosynthesis of B16 melanoma cells. Therefore, extracts that inhibited growth of B16 melanoma cells more than 30% versus the

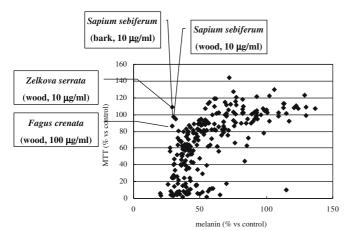


Table 1. Inhibitory	effect of methanol ex	Table 1. Inhibitory effect of methanol extracts of Japanese woods on melanin biosynthesis and cell proliferation of B16 melanoma cells (final concentration is 10, 50, 100, 200 µg/ml)	biosynthesis	and cell	prolifera	ation of B1	6 melano	ma cen	s (IIIIai ci	אדוריניי						
Local name	Family	Scientific name	Part used	200 µg/ml	Įm,		100 µg/ml		~	50 µg/ml	_		$10\mu { m g/ml}$	7		
				MC	CV	$Type^{a}$	MC	CV	Type	MC	CV	Type	MC	CV	Type	
Urikaede	Aceraceae	Acer crataedifolium	Wood	I	I	I	45	43	С	83	102	В	I	I		
		ć	Bark	I	I	I	50	5	C	30	27	C	109	98	В	
Toukaede	Aceraceae	$Acer\ buergerianum$	Wood	42	59	C	75	103	A,B	I	Ι	Ι	I	I	Ι	
			Bark	49	59	C	93	105	в	I	I	I	I	I	I	
Irohamomiji	Aceraceae	Acer palmatum	Wood	I	I	I	82	118	A,B	I	I	I	I	I	I	
Hiiraaimochi	A curifoliaceae	Her cornerto	Wood Wood	1	II	1	1151	10		1	II	1	1	II	1	
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Mametsuge	Aquifoliaceae	llex crenata var. crenata	Wood	I	I	I	113	108	В	i I) Î	1	ļ	1	
Inutsuge	Aquifoliaceae	llex crenata	Wood	59	66	A	68	91	A	I	I	I	I	I	I	
			Bark	I	I	I	61	110	A	I	I	I	I	I	I	
Soyogo	Aquifoliaceae	llex pedunculosa	Mood	45	78	A	109	102	д.	I	I	L	I	I	I	
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Nuroganemocni	Aquironaceae	nex rounda	W 000 Bork	I	I	I	55 52	0 Q	ر م	2	18	5	8/	71	р	
Kakuremino	Araliaceae	Dendropanax trifidus	Wood	36	52	U U	67 742	87								
		<i>I</i>	Bark	I	I	I	43	21	U	55	92	A	I	I	I	
Harigiri	Araliaceae	Kalopanax septemlobus	Wood	40	8	C	70	101	A,B	I	I	I	I	I	I	
Shirakaba	Betulaceae	Betula platyphylla var. japonica	Wood	I	I	I	92	98	В	I	I	I	I	I	I	
Sangojyu	Caprifoliaceae	Viburnum odoratissimum	Wood	I	I	I	53	81	A	I	Ι	I	I	I	I	
			Bark	I	I	I	I	I	I	56	89	A	I	I	I	
Katsura	Cercidiphyllum	Cercidiphyllum japonicum	Bark	I	I	I	40	34	C C	37	41	U I	103	123	A,B	
Nigaki	Cimaroubaceae	Picrasma quassioides	Mood	I	I	I	42	4 ⁰ (A,C	67	82	D C	1	0 7 1	۹ ۱ -	
1 1 24	C		Bark	I	I	I	51	7 8	5	17	4	5	83	110	A,B	
Kanrenboku	Cornaceae	<i>Camptotbeca acuminata</i>	Mood	I	I	I	69	8 ç	ם <	I	I	I	I	I	I	
Numanomizuki	COIIIaceae	Cornus brachypoau	Wood Bark		1	1	4 C	11	۲ ر	- 02	1 8		100	100	ı ۲	
Hinoki	Cupressaceae	Chamaecvnaris ohtusa	Wood	I	I	I	32	2) U	39	17) U	93 93	103	n m	
		·····	Bark	I	I	I	39	9	U U	40	13	U U	57	115	A	
Kobanmochi	Elaeocarpaceae	Elaeocarpus japonicus	Wood	I	Ι	I	38	24	C	43	44	C	113	113	В	
	4	4 5 4	Bark	I	I	I	42	62	A,C	71	75	в	I	I	I	
Nejiki	Ericaceae	Lyonia ovalifolia var. elliptica	Wood	I	I	I	49	82	A	I	I	I	Ι	I	I	
			Bark	I	I	I	42	10	C	I	I	I	I	I	I	
Nankinhaze	Euphorbiaceae	Sapium sebiferum	Wood	I	I	I	29	25	U I	39	65	A,C	30	88	A -	
	: - -		Bark	I	I	I	52	29	ე.	41	57	C	30	76	A	
Aburagırı	Euphorbiaceae	Aleurites cordana	Dood	I	I	I	4 2 2	10/	4 <	I	I	I	I	I	I	
Kuri	Надагеде	Castnea crenata	Wood		1	1	200	01 30	۲ ر	1 2	41		78	100	- ⊿	
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Buna	Fagaceae	Fagus crenata	Wood	I	I	I	29	86	A	I	I	I	I	I	I	
Matebashii	Fagaceae	Lithocarpus edulis	Wood	I	I	I	64	102	A	I	I	I	I	Ι	I	

I	1 1	1 1	101	- 101	1 104	1 1	105	- 95	121	I		I		107	1 1	92	I	123	1 1	I	I	1 1	I	I		I	I	I	I	0 7 1	110	1 1	105	I
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Wood	Bark Wood Dout	Wood	Wood	Wood	Bark	Wood Bark	Wood	Bark Wood	Bark	Wood Bark	Wood	Bark Wood	Bark	Wood	Bark Wood	Bark	Wood	Bark	Bark	Wood	Bark	Bark	Wood								,			
Quercus acutissima	Quercus myrsiniefolia	Quercus phillyraeoides	Quercus serrata	Quercus variabilis	Idesia polycarpa	Ginkgo biloba	Loropetalum chinense	Actinodaphne laneifolia	· · · · · · · · · · · · · · · · · · ·	Cinnamomum camphora	Machilus japonica	Machilus thrubovoii	Muchinus mumoergu	Robinia pseudo–acacia	Magnolia praecocissima	ministration of management	Magnolia bypoleuca		ricus erecia	Chionanthus retusus	European aufflick in the formation	<i>гихини</i> s gryjuou val. japonicu	Fraxinus mandshurica	Ligustrum japonicum	Osmanthus heterophyllus	man fai do innai maninino	Osmanthus zentaroanus	Picea jezoensis var. bondoensis	Picea jezoensis	Pseudotsuga menziesii	Pinus densifiora	Prunus iamasakura		Laurocerrasus zippeliana
Fagaceae	Fagaceae	Fagaceae	Fagaceae	Fagaceae	Flacourtiaceae	Ginkgoaceae	Hamamelidaceae	Lauraceae		Lauraceae	Lauraceae		Laularcac	Leguminosae	Magnoliaceae	anaonnant.	Magnoliaceae	Manager	MUTACEAE	Oleaceae	Olococco	Oleaceae	Oleaceae	Oleaceae	Oleaceae		Oleaceae	Pinaceae	Pinaceae	Pinaceae	Pinaceae	Rosaceae		Rosaceae
Kunugi	Shirakashi	Ubamegashi	Konara	Abemaki	ligiri	Ichou	Tokiwamansaku	Kagonoki	0	Kusunoki	Hosobatabu	Tohinobi	TAUULUNI	Niseakashia	Kohushi		Hoonoki	Tambiano	InuDIWa	Hitotsubatago	Chimotoco	JIIIIIatago	Yachidamo	Nezumimochi	Hiiraoi	-Gn mar	Nataorenoki	Touhi	Ezomatsu	Douglas fir	Akamatsu	Yamazakura		Bakuchinoki

Local name	Family	Scientific name	Part used	200 µg/ml	/ml		$100\mu g/ml$	ʻml		50 µg/ml	lu		$10\mu { m g/ml}$	IL.	
				MC	CV	$Type^{a}$	MC	CV	Type	MC	CV	Type	MC	CV	Type
Kanamemochi	Rosaceae	Photinia glabra	Wood	27	56	A,C	75	93	В	I	I	I	I	I	1
Doronoki	Salicaceae	Populus maximowiczii	Wood	I	I	Ì	30	24	C	37	63	A,C	121	108	В
Mukuroji	Sapindaceae	Sapindus mukorossi	Wood	I	I	I	68	86	D	I	I	I	I	Ι	I
•		٩	Bark	I	I	I	29	5	C	35	40	C	114	113	В
Kouyamaki	Sciadopityaceae	Sciadepitys verticillata	Wood	I	I	I	29	С	C	33	8	C	96	107	В
Gonzui	Staphyleaceae	Plotosus lineatus	Wood	I	I	I	47	LL	A	I	I	I	I	I	I
	•		Bark	I	I	I	42	36	U	40	60	A	102	92	В
Kuroki	Symplocaceae	Symplocos mytracea	Wood	38	61	A,C	115	101	В	I	I	T	I	I	Ι
			Bark	I	I	I	43	11	U	38	8	U	I	I	I
Kouyouzan	Taxodiaceae	Cunninghamia lanceolata	Wood	I	I	I	34	22	U	58	64	U	LL	90	В
•)	Bark	I	I	I	09	12	U	36	46	U	91	103	В
Sugi	Taxodiaceae	Cryptomeria japonica	Wood	I	I	I	43	53	U	49	115	A	I	I	I
Hisakaki	Theaceae	Eurya japonica	Wood	I	I	I	56	113	A	I	I	I	I	I	I
			Bark	I	I	Ι	31	14	U	I	I	I	I	I	I
Himeshara	Theaceae	Stewartia monadelpha	Wood	36	43	U	82	102	A,B	I	I	I	I	I	I
		٩	Bark	I	I	I	55	2	C	42	25	C	106	130	В
Mokkoku	Theaceae	Ternstroemia gymnanthra	Wood	I	I	I	65	4	C	52	L	C	8	94	В
		5	Bark	I	I	I	48	9	C	33	S	C	88	60	В
Sinanoki	Tiliaceae	Tilia japonica	Wood	I	I	I	69	100	A	I	I	I	I	I	I
		4	Bark	I	I	I	35	5	U	37	50	U	130	96	В
Bodaijyu	Tiliaceae	Tilia miqueliana	Wood	I	I	I	47	16	U	62	81	D	I	I	I
			Bark	I	I	I	36	68	A,C	99	75	D	I	I	I
Ezoenoki	Ulmaceae	Celtis jessoensis	Wood	I	I	I	50	48	U	LL	121	A,B	I	I	I
		•	Bark	I	I	I	40	5	C	29	9	C	130	66	В
Akinire	Ulmaceae	Ulmus parvifolia	Wood	I	I	I	30	40	U	51	87	A	I	I	I
			Bark	I	I	I	58	64	U	52	88	A	I	I	I
Keyaki	Ulmaceae	Zelkova serrata	Wood	I	I	I	29	4	C	28	4	C	29	105	A
			Bark	I	I	I	41	78	A	I	I	I	I	I	I
-, Not tested; MC,	melanin content (%);	-, Not tested; MC, melanin content (%); CV; cell viability (%)													

^a Type A: sample that gave MC 20% (or more) lower than VC (e.g. CV – MC \ge 20); type B: sample that inhibited the growth of B16 melanoma cells less than 30% and inhibited melanin biosynthesis less than 30%; type C: sample that inhibited the growth of B16 melanoma cells more than 30% versus the control; type D: other

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Table 1. Continued

control, classified as type C, were reexamined at a concentration of $50 \mu g/ml$. The possible candidates were: *Ilex* cornuta (bark), Dendropanax trifidus (bark), Viburnum odoratissimum (bark), Sapium sebiferum (wood), Quercus acutissima (bark), Quercus phillyraeoides (bark), Quercus variabilis (wood), Actinodaphne laneifolia (wood), Cinnamomum camphora (wood), Ficus erecta (wood, bark), Picea jezoensis var. bondoensis (wood), Pseudotsuga menziesii (wood), Pinus denifolia (bark), Prunus jamasakura (bark), Populus mazimowiczii (wood), Plotosus lineatus (bark), Cryptomeria japonica (wood), Celtis jessoensis (wood), and Ulmus parvifolia (wood, bark). However, there were no extracts that surpassed our established standard (less than 35% of melanin content, more than 85% of cell viability) at 50 µg/ml. However, it is noteworthy that the extract of Cryptomeria japonica (wood) inhibited melanin production without cytotoxicity at the concentration of $50 \mu g/ml$ because this wood is very common in Japan.

Next, those extracts that inhibited growth of B16 melanoma cells more than 30% versus the control at the concentration of $50\,\mu$ g/ml were reexamined at a concentration of $10\,\mu$ g/ml. The extracts that were considered possible candidate are: *Cercidiphyllum japonicum* (bark), *Picrasma quassioides* (bark), *Chamaecyparis obtusa* (bark), *Sapium sebiferum* (wood, bark), *Castnea crenata* (wood), *Actinodaphne laneifolia* (bark), and *Zelkova serrata* (wood). Among them, the extract of *Sapium sebiferum* (wood and bark) and that of *Zelkova serrata* (wood) surpassed our standard at $10\,\mu$ g/ml (Table 1).

The methanol extracts of *Fagus crenata* (wood, $100 \mu g/ml$), *Sapium sebiferum* (bark and wood, $10 \mu g/ml$), and *Zelkova serrata* (wood, $10 \mu g/ml$) showed the ideal activity, that is, potent melanin biosynthesis inhibitory activity and less cytotoxicity among 120 tested samples (Fig. 1). In spite of the sample crudeness, their activities were stronger than those of kojic acid and arbutin, which are known as potent melanin biosynthesis inhibitors. The inhibitory effect on melanin biosynthesis of kojic acid and arbutin was about 60% at the concentrations of $500 \mu g/ml$ and $100 \mu g/ml$, respectively.

To our knowledge, there is little published about the biological activity of the extract of Fagus crenata. Chinese tallow tree, Sapium sebiferum, is common in Japan as a roadside tree, and its root bark has been used in China as a purgative and diuretic. Several compounds, such as friedelin, sitosterol, and ellagic acid from the leaves, and moretenone, moretenol, and sterols from the stem have been reported.¹² It has been reported that cadalene (7-hydroxy-3-methoxycadalene) extracted from Zelkova serrata has high antimicrobial activity against Staphylococcus aureus, Bacillus subtilus, Streptococcus faecalis, Escherichia coli, and Pseudomonas aeruginosa, and antioxidant activity and chemopreventive activity [4-(methylinitrosamino)-1-(3-pyridyl)-1against NNK butanone]-induced lung tumors in A/J mice.¹³ In this study, we have found a new facet of biological activity of the extracts of Fagus crenata, Sapium sebiferum, and Zelkova serrata, that of melanin biosynthesis inhibitory activity (Fig. 1).

Next, we tested the effect of the extracts of *Fagus* crenata, Sapium sebiferum, and Zelkova serrata on tyrosinase. Tyrosinase is known to be a key enzyme for melanin biosynthesis in mammalian cells.¹⁴ However, these extracts did not inhibit tyrosinase activity of mushroom tyrosinase or that of the cell-extract of B16 melanoma cells at $100 \mu g/$ ml (less than 10% inhibition). In contrast, kojic acid showed a strong inhibitory effect (90% inhibition) on tyrosinase activity at $100 \mu g/$ ml. This finding indicated that the depigmenting mechanism of these extracts involves the suppression of some pigmenting signals such as bFGF,⁵ ET-1,⁶ and α -MSH⁷ in stimulating melanogenesis, rather than the inhibition of tyrosinase activity.

To inhibit tyrosinase activity, an inhibitor would have to penetrate both the melanocyte and the melanosomal membranes, because tyrosinase acts within organelles in melanocytes. Therefore, these four extracts [*Fagus crenata* (wood), *Sapium sebiferum* (bark and wood), *Zelkova serrata* (wood)] that did not reduce tyrosinase activity may be more effective as skin-whitening agents than as tyrosinase inhibitors. Recently, several melanin biosynthesis inhibitors without the ability of tyrosinase inhibition have been reported.^{15,16} Studies to separate the active compounds contained in these extracts are in progress. The isolation and structural elucidation of active constituents of these extracts will provide not only useful leads in the development of a skin-whitening agent but also ideas about other utilizations of woody plants.

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